

A STEPWISE APPROACH TO CHECK EARS AND HEARING

WHO SHOULD BE CHECKED: Babies | Children | Adults | Older Adults



1

STEP 1: ASK
Ask for ear pain, ear discharge, ringing in the ears and document it



2


STEP 2: EXAMINE
Examine the ears*

Normal ears	Wax in ear canal	Discharge (pus or fluid) in ear canal	Abnormal ear drum	Any other
	Remove* and re-examine or Refer		Treat or Refer	
Move to step 3				



3

STEP 3: CHECK
Check hearing*

< 6 months old	6 months - 3 years old	3 - 7 years old	7 - 18 years old	All adults (>18 years old)
Observe response to sounds	Do a Distraction test of hearing*	Do a Voice test*	Do a Whispered voice test*	 Check with hearWHOpro app*
Response +: check again during next visit Response -: counsel and refer			<ul style="list-style-type: none"> Score > or equal to 3/6: check again next year Score < 3/6: counsel and refer 	<ul style="list-style-type: none"> Score < 50: Counsel and refer Score > 50: Check again in one year

* Refer WHO Primary ear and hearing care training manual for details

REMEMBER!

Over 60% of ear and hearing problems can be addressed at the primary level



World Health Organization