

# TIHLOMISE NGEKUNAKEKELWA INDLEBE NEKUVA

Cinisekisa temphila yekuva kahle kwetindlebe imphilo yakho yonkhe



1

**Vikela kuva kwetindlebe takho**

Gcina lizingakhulu lemsindvo lingaphasi kwe-60% .

Sebentisa emaplagi etindlebe etindzaweni

letinemsindvo lomkhulu



2

**Cela luhlolo lwekuva kwetindlebe**

Lwebantfwana labasandza kutsalwa nebantfwana

lasebafundza sikolwa Nanoma ngubani longetulu

kweminyaka lenge-50



3

**Hlola kuva kwetindlebe takho**

Sebentisa i-app ye-WHO hearWHO app njalo

ngemnyaka Vakashela dokotela uma ngabe

siko sakho singaphasi kwe-50

**Sebentisa Itheknoloji Lesitanako**



4

Tinsitakuva noma lamanye emadivayisi, nangabe

uyelulekwa, kungenta kuva kwetindlebe takho kube

ncono

Kubhala emakhephushini nelulwimi

Iwetimphawu kwenta lwatiso lufinyeleleke

kalula



5

**Hlala utfola lwatiso**

Tifundzise ngetindlela tekunakekelwa kahle

kwetindlebe Sabalalisa lwatiso lwekucaphela

emmangweni wakini



Kucashunwe ku: @World Health Organization, WHO/UCN/NCD/SDR/24.4

Kuhumushe LwimiLinkGlobal Consultancy

Lilunga le-World Hearing Forum

