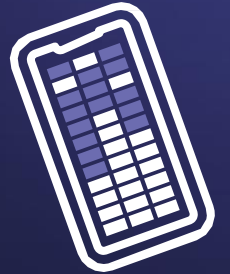
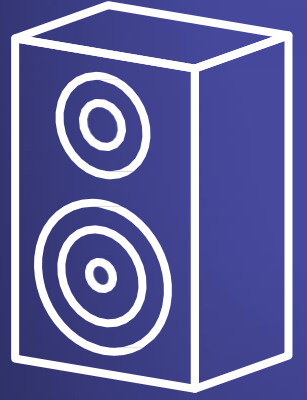


# BATHANDI BOMVUMO!

Zithuthukiseni nina ngokwenu ngokulalela okuphephileko eendaweni kanye neminyanyeni esingathwa bunqophu



## **Bawa iinkhandelatjhada zendlebeni**

iindawo ezinengi zibonelela ngazo iinkhandelatjhada zendlebeni simahla

## **Sebenzisa namkha ubawe indawo ethulileko**

ukwenzela bonyana uphumuze iindlebe zakho

## **Tjheja izinga lobukhulu betjhada**

kwenze lokhu ngokusebenzisa ikundla enesisetjenziswa sokuhlola isilinganiso setjhada esikufunjathwakwakho

## **Hlala endaweni "Ethulileko ilanga loko" ngemva kokukhambela umnyanya**

ukuze iindlebe zakho zibuyele ebujameni bazo

## **Khetha ukuhlalela kude neempikara**

ukuze unciphise itjhada elingena ngeendlebeni zakho

## **Sekela iinsetjenziswa zetjhada**

ekungilezo ezilandela ukulalela okuphephileko



Koke lokhu kuthethwe ku-World Health Organization, WHO/UCN/NCD/SDR/24.4 Itjhugululwe ngu:LwimiLinkGlobal Consultancy  
Olilunga le-World Hearing Forum

