



# Iindlela zokuxhasa umhlobo ongevayo kakuhle!



- ✓ **Shintshanani xa nithetha** ukuze umhlobo wakho akwazi ukulandela incoko
- ✓ **Jongana nomhlobo wakho xa uthetha**— mvumele abone uncumo lwakho
- ✓ **Ceda, okanye ufune uncedo**, ukuba isixhobo sakhe sokuva asisebenzi
- ✓ **Bandakanya umhlobo wakho** kumdlalo nakwimisebenzi yeqela
- ✓ **Ungaze uhlekise ngokungeva kakuhle** nangezixhobo zokuva
- ✓ **Funda ulwimi lwezandla** ukuze unxibelelane nabo balusebenzisayo

Ithathwe kwi @World Health Organization, PPC/NMH/NSO 2025.1. Iguqulelwe yi-Palta Language Services, Ilungu le-World Hearing Forum.

## Ngenkathalo nangekxaso umhlobo wakho angenza yonke into

