

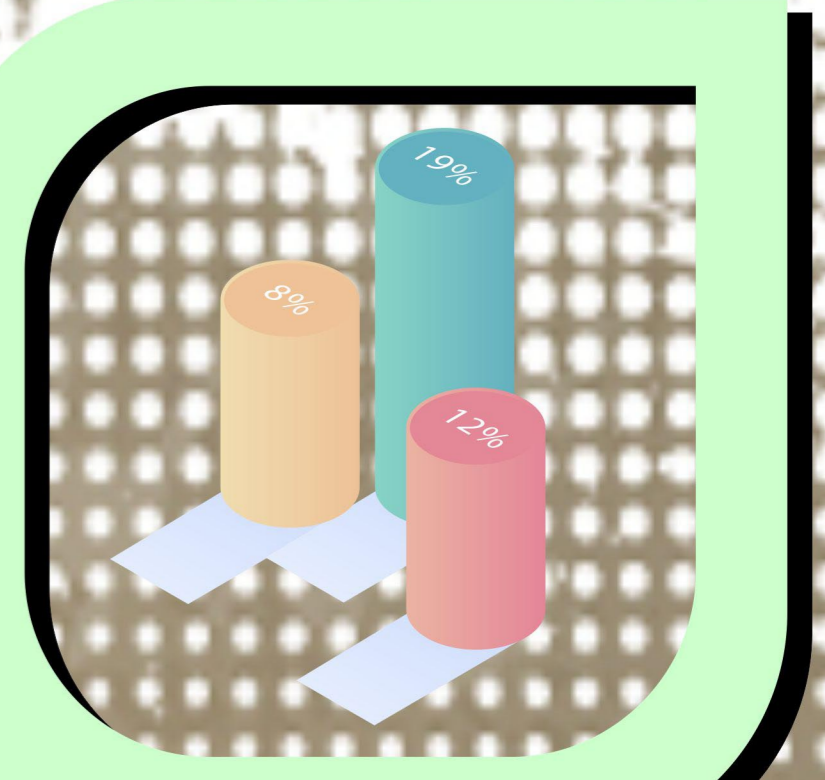


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# PRESBYCUSIS



## Facts

- 30-35 % of age 65 and older have a hearing loss.

(source: [www.nidcd.nih.gov/sites/default/files/Content/Images/presbycusis](http://www.nidcd.nih.gov/sites/default/files/Content/Images/presbycusis))

What??



Presbycusis is the loss of hearing that gradually occurs in most individuals as they grow older. Most common occurs in elderly.

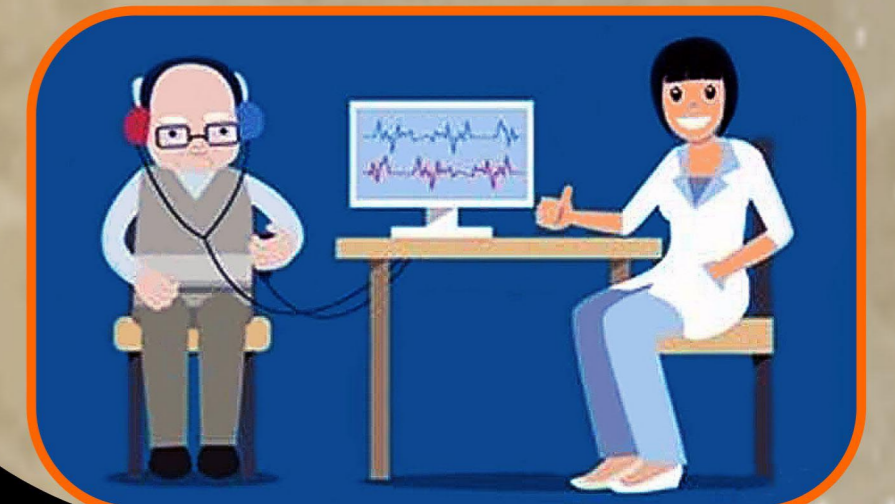
## The symptoms

- Gradually hearing loss in both side
- Difficulty in understanding conversation especially at noisy environment (Cocktail party phenomenon)
- Tinnitus (a ringing, roaring, or hissing sound in one or both ears)
- Discomfort of hearing at much louder sound (recruitment phenomenon)
- Emotional disturbance

Love The elderly, Save their hearing...



## Examination and hearing test by ENT Doctor



## What should we do?

## How to know?



## How to Prevent

1 | Use of hearing aids for the patient

During conversations to the patient:

- Turn off the radio or television
- Avoid speaking while chewing food or covering your mouth with your hands
- Speak slightly louder than normal, but don't shout
- Face to face
- Be sure that lighting is enough

Avoid harmful noises



Keep medical conditions under control



Avoid hearing toxic medication



Stop smoking and drinking alcohol!

